

Genital Integrity for All

Better Sex

SERIES

NOCIRC of Michigan

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**Foreskin
is the
FLOWER
of Our
Genitals**



experts say:

**Foreskin
FEELS
Fabulous!**



Foreskin is FUN !
Foreskin is AWESOME!
Foreskin is a RIGHT!



NOCIRC of Michigan

Educating a New Generation

The foreskin is the pretty flower at the opening of our genitals. It is found at the opening of vaginas and the opening of penises. Unless, of course, somebody decided to cut it off, often without asking its owner.

Male circumcision strips away and amputates 1/3 to 1/2 of the skin of the penis. It is like tearing open a young flower bud and removing its pedals long before it can ever bloom.

Every mammal, male and female, is born with a foreskin. Dogs, horses, and human beings—girls, boys, women, men, intersex, and transgender.

The box containing this text is about the surface area of an adult male foreskin.

This specialized skin and delicate tissue is a sleeve of flesh over 3 inches long and 1½ inches in diameter.

The foreskin is richly packed with highly sensitive nerve endings. These nerve endings provide greater sexual enjoyment than can be had with a circumcised penis.

The foreskin protects and preserves the normal sensitivity of the penis by keeping its head covered like a hat most of the time.

“The glans of the circumcised penis is less sensitive to fine touch than the glans of the uncircumcised penis. Circumcision ablates the most sensitive parts of the penis.”

“Fine-touch pressure thresholds in the adult penis”
Morris L. Sorrells MD, James L. Snyder MD, Mark D. Reiss MD
British Journal of Urology Intl., April 2007

The rule that “form follows function” is true for gloves, socks, and spoons, as well as for penises.

The form an object takes determines what it can do.
If you cut down its form, then you cut down its function.

The foreskin is a sheath of warm, moveable skin that is pleasurable to stroke and rub, with or without a partner.

The foreskin glides smoothly over the shaft of the penis, rubbing its protected head (the *glans*). The foreskin stimulates the head while the head stimulates the foreskin. It is perfect for hand-jobs without any artificial lubrication.

Being penetrated by a penis with a foreskin is smoother and creates less friction. During intercourse, the foreskin glides back and forth inside a partner, reducing friction. Partners say it feels better than the roughness of a circumcised penis.

The wide ridge on the head of the circumcised penis scrapes the membrane inside a partner, drawing out lubrication and causing soreness.

The head is left exposed at all times to dryness and chafing. Over time, the skin on the head roughens and the penis loses sensitivity.

Doctors in the 1800s realized that rubbing the foreskin was an easy way for boys and girls to masturbate. They believed that sexual enjoyment was dirty and dangerous. That is why the foreskin was blamed as a source of infection and why being circumcised came to be known as “cleaner.”

Sadly, people with an intact penis are shamed today by the American culture that views the foreskin as disgusting. That is why Americans still think it causes disease. It does not.

Nature’s design is beautiful, efficient, and rewarding!

“The excuses submitted for circumcision . . . reveal anti-sexual attitudes at odds with the goals of gay liberation. Infant circumcision should be abandoned not only because it violates a defenseless person’s rights, but also because it reinforces destructive anti-sexual attitudes that we as gay people need to oppose.”

“Stop Circumcision”, The Guide: Gay Travel, Entertainment, Politics & Sex, May 1996

Some men have chosen to grow a new foreskin using a natural skin expansion process known as “foreskin restoration”. Over time, they have regained some of the benefits they lost due to circumcision.

Circumcision does not prevent HIV. Condoms do. AIDS is more prevalent in the US than in Europe, where the majority of men are not circumcised.

All children—male, female, and intersex—have a fundamental human right to their whole body and to the benefits of intact genitals. Today, only half of baby boys born in the US are left intact.

The struggle for sexual freedom and sexual self-determination is not over. We are fighting for the rights of all people to keep their genitals intact.



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Our mission as a nonprofit, consumer rights advocacy group is to educate parents and healthcare providers about circumcision, the function of the foreskin, and the benefits of foreskin restoration.



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